



WHEN A
WOMAN SPEAKS,
**THE SILENCE
TREMBLES**



Lucía




Paulina

The Asociación por Nosotras Ixmukané is an organisation led by indigenous women. It implements a set of processes for their political and economic empowerment, as well as providing comprehensive support to women victims and survivors of violence through a range of services that contribute to their recovery and the redesign of their life projects.

We invite you to immerse yourself in two powerful audio recordings in which indigenous women, accompanied by the

Asociación por Nosotras Ixmukané in the department of Quiché (Guatemala), raise their voices and shed light on their struggles, their leadership and their courage. The first takes us to the heart of the empowerment and political participation of indigenous women. Their words open paths, break down barriers and transform rural realities.

The second audio recording is a strong and moving denunciation of the violence faced by many women and an urgent call to not remain silent.

These voices are not just stories; they are acts of resilience and hope. 

Lucía Chan and Paulina Ortiz, indigenous women supported by the Asociación por Nosotras Ixmukané in the department of Quiché, Guatemala.

